

Outline of an Adult Foundations Course in Faith & Practice

The Objective: Enfolding people into Christian Faith & Practice as lived in the Episcopal Church

A few suggestions:

1. Use a mix of experiential, group discussion, and presentation
2. Present the course at least once a year. More often in a large parish.
3. Allow people to do part of it one year and complete it the next
4. Acknowledge those who complete the whole course
5. See it as part of building the *Shape of the Parish*

Session 1:

The Christian Life

Your relationship with God & the Church

The Story of the People of God

The People of Israel

Session 2:

The Christian Life

The development of Christian character

The Story of the People of God

Jesus Christ: His Life & Work

Session 3:

The Christian Life

Sharing the priesthood of Christ: Baptismal Life

The Story of the People of God

The Holy Catholic Church: the nature of the church

Session 4:

The Christian Life

The Christian Moral Vision

The Story of the People of God

The Church" Renewal & Reform

Session 5:

Spiritual Life & Development

The Threefold Rule of Prayer: The Eucharist

The Story of the People of God

The Mission of the Church: Holy Unity

Session 6:

Spiritual Life & Development

The Threefold Rule of Prayer: Personal Devotions & Daily Office

The Story of the People of God

The Anglican Communion & the Episcopal Church

Session 7:

Spiritual Life & Development

Sacrament of Reconciliation; Rule of Life

The Bible

How the Bible came to be; how to use and understand the Bible

Session 8:

Christian Action

Stewardship, Evangelization; Service

Christian Believing

Sources of authority; God & Humanity

Session 9:

Christian Action

Responsibility & Freedom: Choice & Faith

Christian Believing

Evil, sin and forgiveness; hope